

# AROON ACADEMY PRESENTS IRISH DANCE CAMP

NO EXPERIENCE NECESSARY

DATES: AUG 19-23

CONTACT: AROONACADEMY@GMAIL.COM



## Schedule

9:00 - arrive and warm up  
9:30 - soft shoe & drills  
10:30 - snack  
10:45 - soft shoe  
11:30 - craft  
12:00 - lunch  
12:30 - strength training in the park  
1:30 - hard shoe drills  
2:00 - snack  
2:15 - hard shoe  
3:15 - stretch, cool down, dismissal

**Hours:** 9:00 - 3:30 p.m.

**Where:** 37 Prince Arthur Ave.  
Richmond Hill, ON

## What to bring:

A lunch  
Yoga mat  
Beach towel  
Water bottle

**\* fresh fruit and nut-free snacks  
will be provided**

**Cost:** Full Day (soft/hard shoe) - \$300

9:00 a.m. - 3:30 p.m.

Half Day (soft shoe) - \$160

9:00 a.m. - 12:30 p.m.